LAKE MURRAY ENDURANCE RUN

OCTOBER 24 - 25, 2026

Chris Barnwell, Race Director, info@blazetrails.com
Anne Barnwell, Communications

Thank you to our volunteers who have made this race possible!

Directions to the Race

The start/finish and Friday pre-race brief is at **Tipps Point**. http://www.lake-murray.org/state-park/

Google Point for Tipps Point

Ardmore Weather and Sunlight Info

Average high: 68 degrees Average low: 52 degrees
Sunrise 7:40 a.m. (First light, 7:15 a.m.)
Sunset 6:44 p.m.

Friends/family can track your progress on our live results page. Splits will be recorded each time you cross the start/finish line: https://blazetrails.com/live-results/

Race Schedule

Friday Before Race Day

3 – 6:30 p.m. **Packet Pick Up and Registration**; Tipps Point
Drop Bag Dropoff—Drop bags for Buzzards Roost must be dropped off on Friday night to be guaranteed to be at the aid station at the start of the race

5 p.m. Race briefing for 100-mile/100K

Saturday, Race Day

5 – 8:15 a.m. Same Day Packet Pick Up/Timing chip pick up
6:00 a.m. 100-mile start. Must have a headlamp.
6:30 a.m. 100K start. Must have a headlamp.
7:30 a.m. 50K Start
8:00 a.m. 25K Start
8:30 a.m. 5-mile start

****Pre-race briefs** 20 minutes before each race starts.

Site Plan at Tipps Point

The image below provides a general overview of the layout at Tipps Point. The Start/Finish area is on the north side of the road, next to a pavilion. To the immediate right is a grassy area where crew can set up canopies. Parking will be at the end of the road and on the south side of the road is a general camping area for car or tent camping. See the Stripe payment option below.

Lodging/Camping

If you want to camp in a specific camping spot (RV, tent or car) at Tipps Point or any other campground at Lake Murray State Park, **reserve directly through the park**: https://www.travelok.com/state-parks/lake-murray-state-park

If you want to tent or car camp at Tipps Point, you will pay us directly, $20/night. This will be a general area where several of our runners will camp, near the start/finish. This is also close to the Tipps Point bathroom facilities.

For camping in this general area, here is the payment link. https://buy.stripe.com/6oE8z17gr6u72WY9AC

- Select the number of nights on the form. i.e., if you are camping from Friday – Sunday, select a quantity of "2."

If you're interested in different accommodations, such as lodging, we encourage you to check out what Lake Murray State Park has available. http://www.lake-murray.org/lodge-and-cabins/

Ardmore also has several hotels:
Lakecrest Casino and Hotel, 580.222.2910 (closest to the park)
Hampton Inn & Suites Ardmore, 580.490.9011
Comfort Inn & Suites Ardmore, 580.798.3200
Best Western Plus Ardmore Inn & Suites, 580.223.3200
Days Inn by Wyndham Ardmore, 580.226.1761

Bibs and Timing Chips

This is a chip-timed race. You will not get an official time unless you wear your chip for the entire race. If you go to packet pick up on Friday, you will still pick up your timing chip on Saturday.

Your starting time is gun time. Be sure to arrive on time. **Bibs must always be visible on the front** so that the race director, volunteers, and other runners know your distance. Each distance will have a different bib color.

Drop bags

Runners in the 100-mile and 100K distances can provide a drop bag for the Buzzards Roost Aid Station. Drop bags for Buzzards Roost must be dropped off at the start/finish packet pick up on Friday by 6:30 p.m.

- Drop bags should be a reasonable size and weight (typically a "shoebox" size) and should not be fragile, require special handling, or leak.
- **Mark your name, bib number, and distance on the outside of your drop bag. We will have Sharpies on hand.**
- Drop bags will be returned to the start/finish when the aid station shuts down on Sunday. You can also drive to the aid station to pick up drop bags.

All runners may leave a drop bag at the start/finish. There is a large grassy area near the start/finish, and runners can set up canopies for themselves and their crew.

Crew

We understand that family and friends often like to see you along the course. **Please ensure that your crew follows all laws and rules in the park**, **demonstrating respect for other park visitors and the land.** If you drive outside of Tipps Point campground and park in other areas of the park, you must **pay parking fees** to the park for those locations.

- All family and friends are welcome at the start/finish area and the Buzzard Roost Aid Station. There is plenty of space at both.
- Crew access is allowed at Tucker Tower **when the tower and nature center are open, from 8:30 a.m. – 4:30 p.m**. This area is busy with visitors visiting the tower.

It's essential to be good citizens so we can continue to hold this event in the future. Please follow all posted speed limits and laws. Do not block other traffic or disturb other campers or visitors.

Aid Stations

There are three aid stations: Start/Finish, Buzzards Roost, and Tucker Tower. Runners will pass through each aid station multiple times and from both directions.

This is a cupless race. **Bring your hydration system to carry and consume fluids**. Water and Gatorade will be available at all aid stations. In addition, we will provide bananas, peanut butter and jelly sandwiches, potato chips, M&M's/candy, fig newton cookies, pickles, pickle juice, soda, SaltStick, period supplies, basic first aid, sunscreen, bug spray, and more. If the weather is warm, we will have ice during the day.

Starting in the late afternoon on Saturday, we will have warm food.

Directions to Aid Stations

Buzzards Roost is less than a 5-mile drive from the start/finish. Leave Tipps Point and turn left onto 77 S. Drive approximately 2 miles and turn left into Buzzards Roost campground. The aid station will be to the right soon after the turn.

Tucker Tower is four miles from Buzzards Roost. Return to 77 S and turn left. Drive approximately 2.6 miles and turn left following signs for Tucker Tower. **This aid station is closed to traffic when the tower and nature center are closed**. During the day, this area will have the most visitors who are not related to the race. Please respect the park visitors.

Pacers

100-mile runners may have a pacer at mile 53 or after. 100K runners may have a pacer starting at mile 40.8, or sunset if sooner. For runners aged 65 and above, you may have a pacer after you have completed 50K.

Pacer exchange points will only be at the start/finish or Buzzards Roost aid stations. If you plan to have a pacer meet you at Buzzards Roost aid station, they must arrange a ride to the station. Please do not leave cars parked at Buzzards Roost; parking is limited.

By the Thursday before the race, pacers should complete the online form. **All pacers should check into the start/finish** area to pick up a pacer bib. **The best time to do this is Saturday afternoon or evening**, after the shorter distances are complete and before their pacing duties begin.

No Littering

We host the race by special permit from the State Park. Please respect the trail and the wildlife in the park. Intentional littering will not be tolerated and will be grounds for disqualification. Each aid station will have garbage bags. If you have garbage between stations, carry it until the next aid station. This includes wrappers, baggies, and food.

Cutting the Course

We depend on the honesty of all runners. Anyone who cuts the course, intentionally or unintentionally, will be disqualified. If a runner cuts the course intentionally, they will also be banned from future Blaze Trails Running events.

Sharing the Trail and Wildlife Info

Share the trail with other runners in the race, hikers, bikers, and other visitors to the State Park. If someone is behind you and ready to pass, please step aside and allow them to pass. Headphones are not recommended, but if used, please use them in only one ear and keep the volume low enough to hear people and animals around you.

Some wildlife you might hear at night includes coyotes. They are often heard but are rarely seen. In addition, some parts of the park are home to wild hogs. We've avoided trails and areas that are known to have them.

Check Out

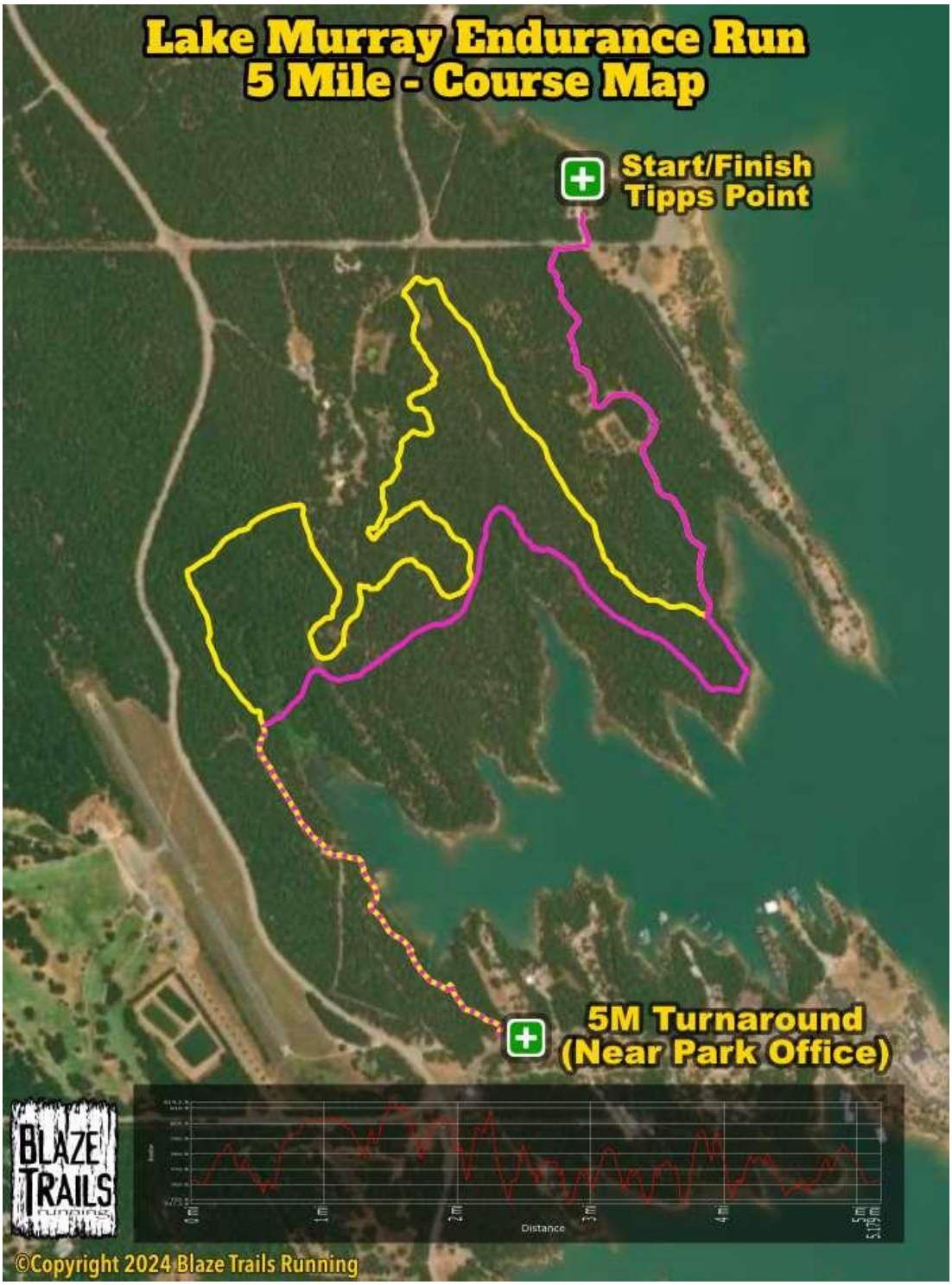
When you have finished your race, **turn in your race chip**. If you drop, you must either tell the race director or the rep from the timing company and turn in your timing chip at the start/finish.

Course Details

- **Trail One: The longer loop will be the trail route south of Tipps Point**, headed to Tucker Tower and back.
- **Trail Two: Leaves Tipps Points and goes north towards Elephant Rock and then returns to Tipps Point.** This loop is 5.6-miles.
- All distances will utilize both trails, except for the 5-mile distance.
- The 100 Mile and 25K distances will begin with the longer loop that goes south.
- The 100K and 50K will begin with the north trail.

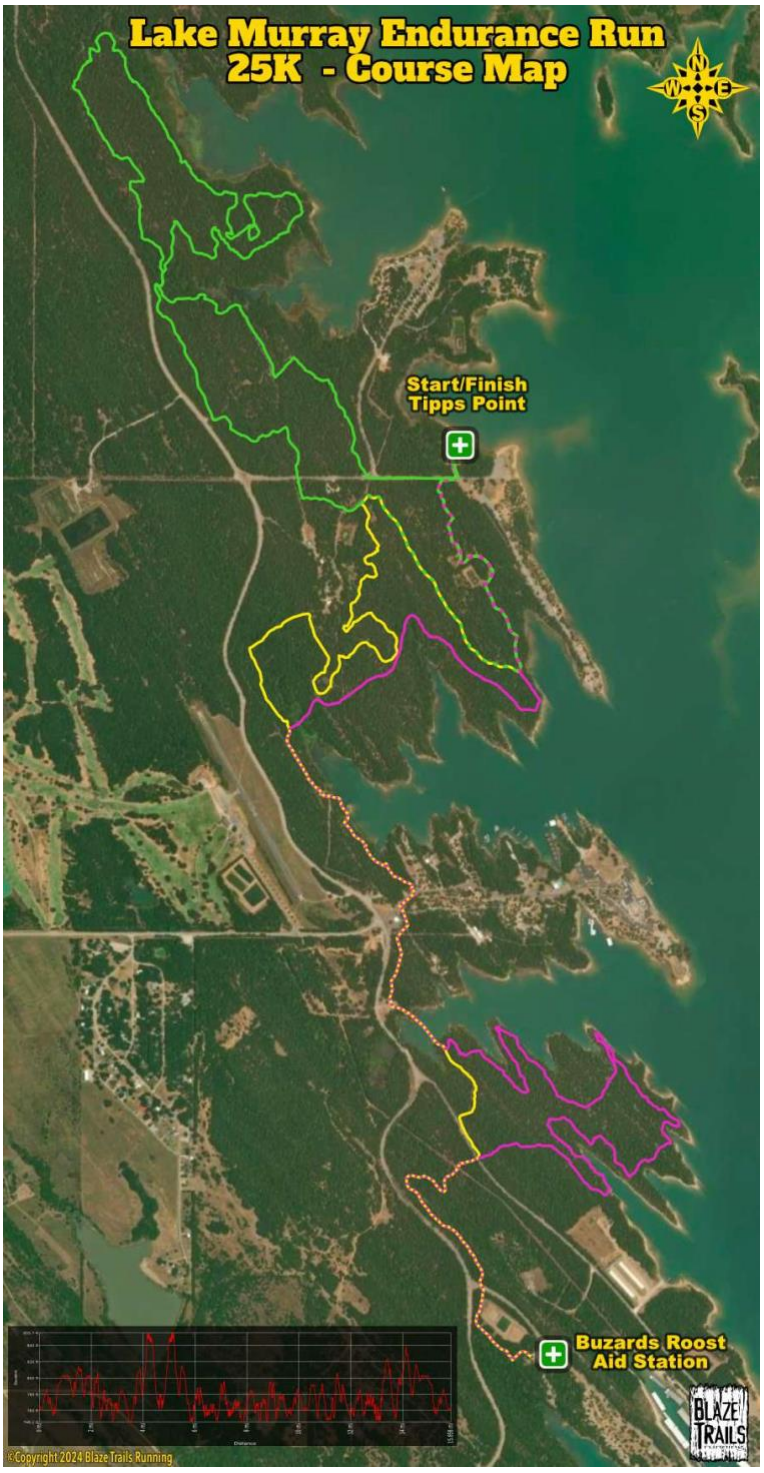
5 Mile

Aid Station	Mile	Next Aid
Start - Tipps Point	0	3.1
Water Only - Park Office	3.1	2
Finish – Tipps Point	**5.1**	



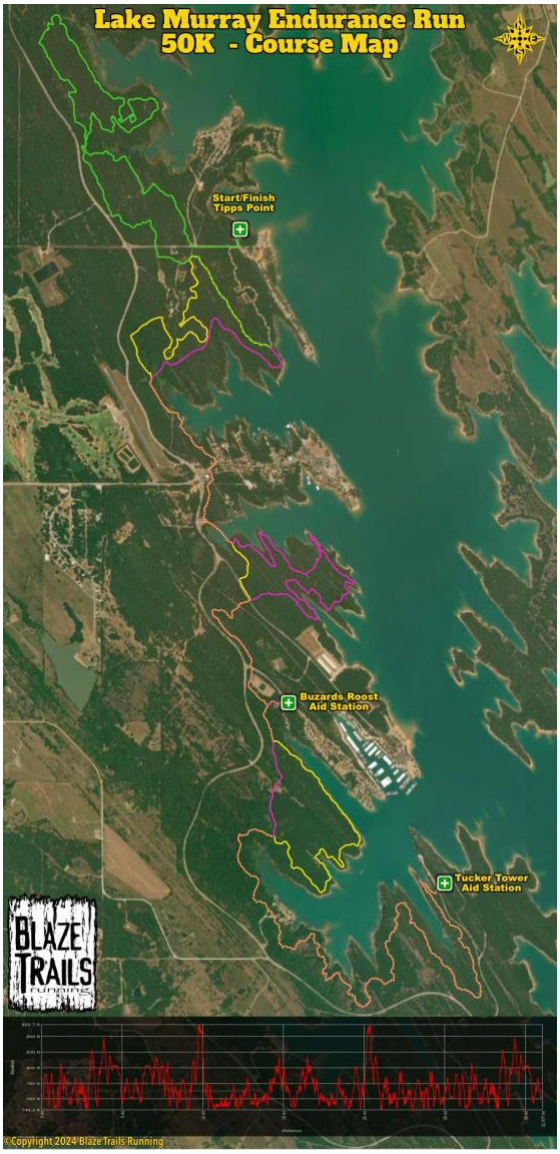
25K

Aid Station	Mile	Next Aid
Start - Tipps Point	0	4.7
Buzzards Roost	4.7	5.6
Tipps Point Aid	10.3	5.6
Finish - Tipps Point	15.9	



50K

Aid Station	Mile	Next Aid
Start - Tipps Point	0	5.6
Tipps Point Aid	5.6	4.7
Buzzards Roost	10.3	5.3
Tucker Tower	15.6	4.3
Buzzards Roost	19.9	5.6
Tipps Point Aid	25.5	5.6
Finish - Tipps Point	31.1	



100K

** indicates when a runner
can start to have a pacer

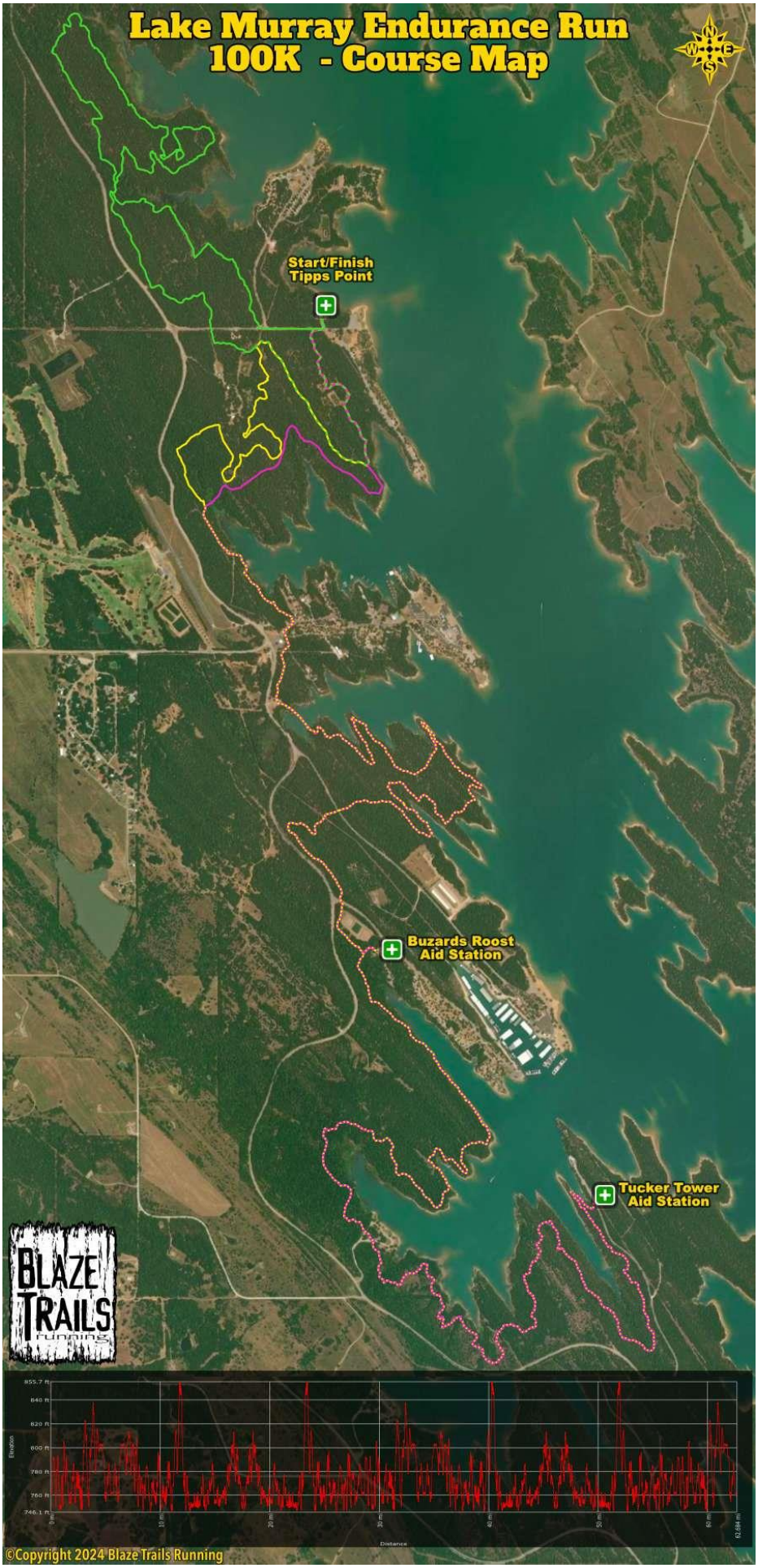
Start - Tipps Point	0	5.6	
Tipps Point Aid	5.6	6.7	
Buzzards Roost	12.3	5.3	
Tucker Tower	17.6	5.3	
Buzzards Roost	22.9	5.6	
Tipps Point Aid	28.5	5.6	
Tipps Point Aid	34.1	6.7	10:30 p.m.
Buzzards Roost**	40.8	5.3	
Tucker Tower	46.1	5.3	
Buzzards Roost	51.4	5.6	
Tipps Point Aid	57	5.6	6:30 a.m.
Finish – Tipps Point	62.6		9:30 a.m.

100K Course

Runners in the 100K course will begin with the 5.6-mile loop north of Tipps Point.

Then they will complete the south loop + north loop, two times.

100K runners have 27 hours to complete the distance.


Lake Murray Endurance Run
100K - Course Map
Start/Finish
Tipps Point
Buzards Roost
Aid Station
Tucker Tower
Aid Station
BLAZE TRAILS
RUNNING
Elevation
Distance
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100M

** indicates when a runner
can start to have a pacer

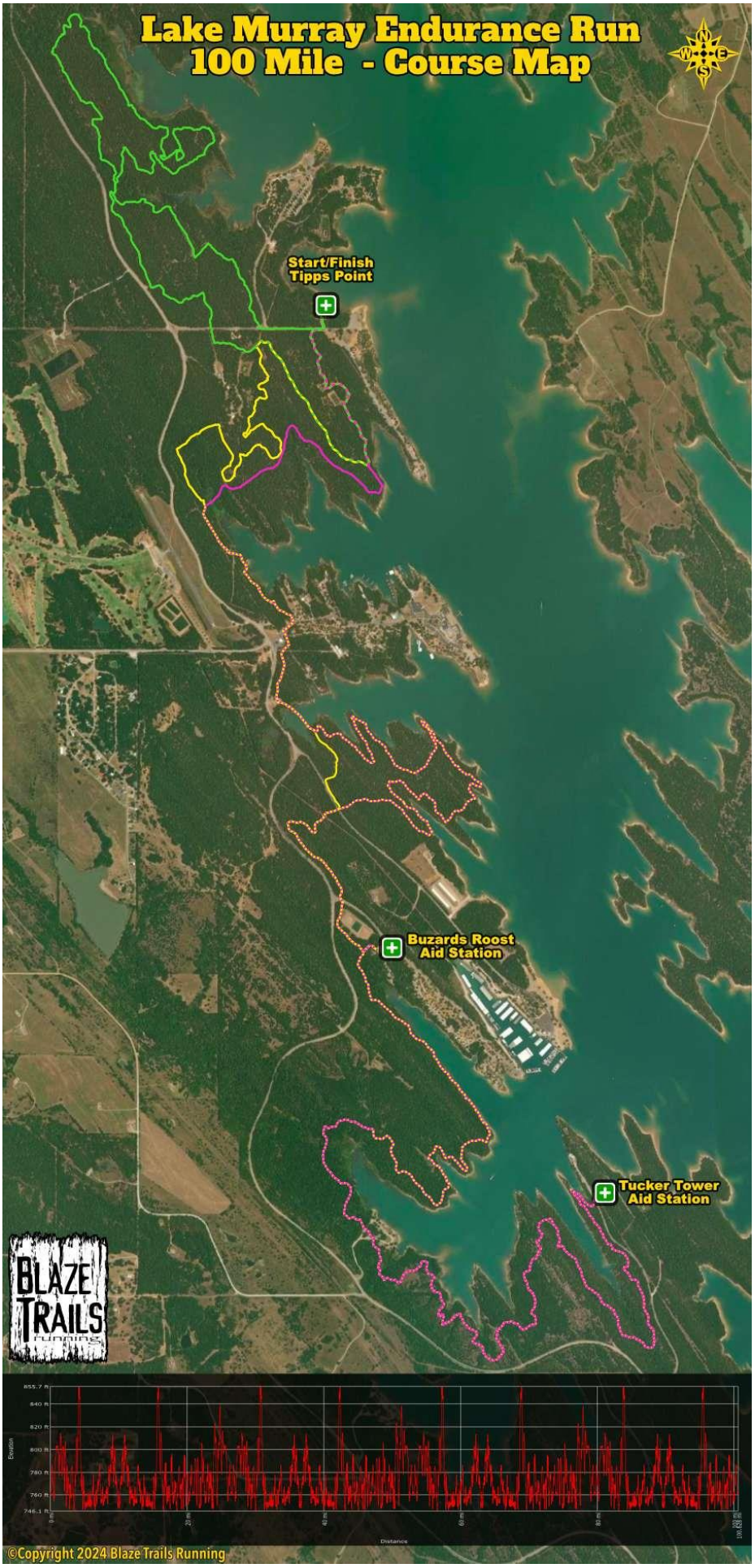
Aid Station	Mile	Next Aid	Cut Off
Start - Tipps Point	0	4.7	
Buzzards Roost	4.7	5.3	
Tucker Tower	10	5.3	
Buzzards Roost	15.3	5.6	
Tipps Point Aid	20.9	5.6	
Tipps Point Aid	26.5	4.7	
Buzzards Roost	31.2	5.3	
Tucker Tower	36.5	5.3	
Buzzards Roost	41.8	5.6	
Tipps Point Aid	47.4	5.6	
Tipps Point Aid**	53	4.7	10:30 p.m.
Buzzards Roost	57.7	5.3	
Tucker Tower	63	5.3	
Buzzards Roost	68.3	5.6	
Tipps Point Aid	73.9	5.6	
Tipps Point Aid	79.5	4.7	6:30 a.m.
Buzzards Roost	84.2	5.3	
Tucker Tower	89.5	5.3	9:45 a.m.
Buzzards Roost	94.8	5.6	12:00 p.m.
Finish - Tipps Point	100.4		

100 Mile Course

Runners will do the south loop (tucker tower and back) + north loop three times. They will finish with one more loop south.

Cutoff times have been set to ensure your safety while giving you every opportunity to succeed and complete the distance. Making the early cutoffs does not ensure you will finish the race in time. However, if you hit a low point in your run and recover, we hope this allows you to make up the time and finish.

The cutoff is 32 hours.


Lake Murray Endurance Run
100 Mile - Course Map
Start/Finish
Tipps Point
Buzards Roost
Aid Station
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Aid Station
BLAZE TRAILS
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